

Georgetown Prep Cross-Country Classic

Dear Coach- You are hereby invited to the 49th annual Prep Classic.

Date: Saturday, September 21, 2024

Location: Georgetown Prep, North Bethesda, Maryland.

Course: 5K on the Prep Campus. More than 90% of the course is grass; spikes are recommended.

Sanction: NFHS for USA

Awards: In seeded varsity races, classic awards will be awarded to the top 10 finishers; medals will be awarded to the next 15 finishers. In freshman and junior varsity races, medals will be awarded to the top 25 finishers. In all races, plaques will be awarded to the top 2 teams. Awards in Middle School Race will be for top 15 boys and top 15 girls.

Schedule : (subject to change)

8:00 a.m. Coaches' Meeting
8:30 a.m. Open 5k (For runners not entered in other races, Boys and Girls together)
9:00 a.m. Freshman Boys
9:30 a.m. Freshman Girls
10:00 a.m. Seeded Varsity Boys
10:30 a.m. Seeded Varsity Girls
11:00 a.m. Unseeded Varsity Boys
11:30 p.m. Unseeded Varsity Girls
12:00 p.m. JV Boys
12:30 p.m. JV Girls
1:00 p.m. Mixed Middle School Race (Grade 6-8) (2 Mile)

Please Note:

- 1) Teams are limited to 7 runners in each varsity race, and to 10 runners in JV and freshman race. Teams with fewer than 5 finishers will be withdrawn from team scoring. Teams with more than 7 (or 10) finishers will have all runners disqualified.
- 2) You may only enter one team for each of the races: varsity boys/girls, junior varsity boys/girls and freshman boys/girls. You may only enter either seeded or unseeded varsity race.
- 3) You may not enter a team in a junior varsity race unless you have entered a team in the corresponding varsity race.
- 4) Please indicate your decision to run seeded/unseeded on your email to me.
- 5) Only one race for JV boys.

Entry Fee: \$200 per single-sex team; \$300 per coed team. You may enter a full complement of races (Varsity, JV, and Freshman races) for this **single entry fee**. Middle School Race \$150 entry fee. Checks should be made out to “**Woodward Relays**” add a note for “Classic” and mailed to:

Greg Dunston 5911 Crawford Dr. Rockville, MD 20851

Parking: After discharging athletes, team buses will be directed to off campus parking.

Deadline: All entry materials must be received by Midnight. on Sun., Sept. 15, 2024.

To Enter: 1) Your check **must** precede the meet. Please request your check early. We don't want to collect money at the meet.

2) Rosters must be completed on www.athletics.net in order to be entered.

2) Email gregdunston@yahoo.com after you have completed your entry to confirm. List the races that you have chosen and your school's name. I'll let you know if your check has been received at that time.

If you have any questions, you may contact me by phone (301-770-3519), or by e-mail (gregdunston@yahoo.com). You will also find updated information about the Classic at **www.woodwardrelays.com**

I look forward to seeing you in September. Best of luck in your season,

Greg Dunston Meet Director